# New Hampshire Medicaid Fee-for-Service Program Cholestatic Pruritus Criteria

Approval Date: November 17, 2025

## **Medications**

Brand Names	Generic Names	Indication
Bylvay	odevixibat	<ul> <li>Treatment of pruritus in patients ≥ 3 months of age with progressive familial intrahepatic cholestasis (PFIC)</li> <li>Treatment of cholestatic pruritus in patients ≥ 12 months of age with Alagille syndrome (ALGS)</li> </ul>
Livmarli	maralixibat	<ul> <li>Treatment of cholestatic pruritus in patients ≥ 12 months of age with PFIC</li> <li>Treatment of cholestatic pruritus in patients ≥ 3 months of age with ALGS</li> </ul>

## **Criteria for Approval**

#### **Progressive Familial Intrahepatic Cholestasis**

- 1. Patient is 3 months of age or older (Bylvay) or 12 months of age or older (Livmarli); AND
- Prescribed by or in consultation with a gastroenterologist, hepatologist, or dermatologist; AND
- Patient has progressive familial intrahepatic cholestasis (PFIC) type 1 or type 2, confirmed by a genetic test; AND
- 4. Patient has an elevated serum bile acid concentration; AND
- 5. The patient experiences persistent moderate to severe pruritus; **AND**
- 6. The benefits outweigh the risks for patients with:
  - Chronic diarrhea requiring ongoing intravenous fluid or nutritional intervention
  - Prior hepatic decompensation event
  - Decompensated cirrhosis
  - An international normalized ration (INR) > 1.4
  - Another concomitant liver disease
- 7. The patient has failed an adequate trial, or is intolerant to, or has a contraindication to at least one pruritus treatment (e.g., ursodeoxycholic acid [ursodiol], cholestyramine, rifampin, naloxone, naltrexone, antihistamine). **Note**: use of these agents are off-label.

#### Alagille syndrome (ALGS)

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- 1. Patient is 12 months of age or older (Bylvay) or 3 months of age or older (Livmarli); AND
- 2. Prescribed by or in consultation with a gastroenterologist, hepatologist, or dermatologist; AND
- 3. The patient has been diagnosed with Alagille syndrome; AND
- 4. The patient has evidence of cholestasis as evidenced by at least one of the following:
  - Serum bile acid > 3 times upper limit of normal (ULN) for age
  - Conjugated bilirubin > 1 mg/dL
  - Gamma glutamyl transferase (GGT) > 3 times ULN for age
  - Fat soluble vitamin deficiency not otherwise explained
  - Intractable pruritus only explained by liver disease
- The patient experiences persistent moderate to severe pruritus; AND
- 6. The benefits outweigh the risks for patients with:
  - Chronic diarrhea requiring ongoing intravenous fluid or nutritional intervention
  - Prior hepatic decompensation event
  - Decompensated cirrhosis
  - An international normalized ration (INR) > 1.4
  - Another concomitant liver disease
- 7. The patient has failed an adequate trial, or is intolerant to, or has a contraindication to at least one pruritus treatment (e.g., ursodeoxycholic acid [ursodiol], cholestyramine, rifampin, naloxone, naltrexone, antihistamine). Note: use of these agents are off-label.

Initial approval period: 6 months

### **Criteria for Renewal**

- 1. Patient must continue to meet the above criteria; AND
- Patient has experienced a reduction in serum bile acids from baseline; AND
- 3. Patient must experience improvement in pruritus; AND
- 4. Patient has not experienced any treatment-restricting adverse effects (e.g., persistent diarrhea, persistent fat-soluble vitamin deficiency despite supplementation, persistent or recurrent worsened liver function tests [alanine aminotransferase (ALT), aspartate aminotransferase (AST), total bilirubin (TB), direct bilirubin (DB)], decompensated cirrhosis, and significant portal hypertension).

Renewal period: 12 months

## **Criteria for Denial**

1. Failure to meet approval criteria.

# References

Available upon request.

# **Revision History**

Reviewed By	Reason for Review	Date Approved
DUR Board	New	10/15/2024
Commissioner designee	Approval	11/21/2024
DUR Board	Update	09/23/2025
Commissioner designee	Approval	11/17/2025